FACIAL TREATMENTS
PHYTO-AROMATIC

HYDRATING & PURIFYING	60 MIN	80€
A profound facial cleansing, combining the ultra purifying and relaxing effects of the Anne Semonin serums, reenforcing the brightness and the natural protection of the skin.		
SOOTHING & REPAIRING	65 MIN	95€
A soothing treatment for tired skin and comforting for skin lacking smoothness. Ideal to recover from an excessive sun exposure.		
ULTRA FIRMING	65 MIN	105€
Designed to tonify the facial contours.		
CRYOTHERAPY ANTI-WRINKLES		
100% ACTIVE	65 MIN	95€
A facial, neck and décolleté treatment, combining the Glaçons Éclat Express cryotherapy with oleoresins and neurocosmetics.		
L'EXPERIENCE	90 min	130€
A luxurious and deeply rejuvenating treatment tailor made, designed to awaken the splendour of the face, neck and eye contour.		
COMBINED FACIAL & BODY	Y	
HOT & COLD	130 MIN	145€
Combines the hot action of a mineral mud body mask with the benefits of a 100% active cryotherapy, for a revitalising contrast and complete relaxation.		
Includes a relaxation hydro massage.		
WELL BEING	140 MIN	155€
Combines a body exfoliation "Revitalising and antioxidant" treatment with a classic massage and finishes with a profound facial cleansing.		

Includes a relaxation hydro massage.

# **BODY** TREATMENTS PHYTO-AROMATIC FLOATING THÉRMO SPA Provides a sense of weightlessness and relaxation.

## water retention and improves blood circulation, helping to combat cellulite.

By applying gentle techniques and pressure points, it reduces

70 MIN 85€.

35 MIN 60€

60 MIN 90€

75 MIN 95€

25 MIN 55€.

50 MIN 90€

50 MIN 90€

50 MIN 90€

50 MIN 90€

60 MIN 95€

Also available for 50 minutes (75€).

technics.

**AYURVEDA** 

HOT STONE

FOOT MASSAGE

BALINESE NEW

HAWAIIAN NEW

elbows.

ANTI-CELULITE AND DRAINING

LYMPHATIC DRAINAGE

#### WHITE BORA BORA EXPRESS EXFOLIATION 30 MIN 65€

20 MIN 35€

40 MIN 65€

Detoxifying, soothing and nourishing, leaving the skin with a soft, silky and radiating texture with the application of an auto heating agent that provides instantaneous heat, comfort and a cocooning effect.

REFLEXOLOGY 50 MIN 85€

The application of pressure to specific points on the feet helps regain the natural balance of the body.

Stimulates the blood circulation with specific anti-celulite

ANTI-STRESS WITH MINERAL MUD 50 MIN 85€

The natural comfort of the mineral mud's warmness relieves nervous and muscle tension.

REVITALISING AND ANTIOXIDANT

#### Ancient natural techniques, to restore physical and mental balance. Deeply relaxing.

"LE VINTAGE" 60 MIN 90€

Magnificently exfoliating and nourishing, with a grape seed dust exfoliator.

Hot stones of volcanic origin provide a feeling of great relaxation.

#### REAFFIRMING SPIRULINA WRAP 60 MIN 110€

Combines Spirulina (microalgae) with the richness of plants complexes to enhance skin tone and drain rebel areas.

### Relaxing foot massage with gentle and deep movements.

THAI NEW Traditional Thai techniques and oil that blends subtle stretching with rhythmic massaging and compressions to

balance energetic bodies and stimulate energy flow.

## MASSAGE

#### CLASSIC RELAXATION

Promotes wellness and stimulates blood circulation.	50 MIN	80€
	70 min	90€
Back, neck and shoulder	25 MIN	55€
Body with aromatherapy	70 MIN	100€

Deep tissue massage that stimulates blood circulation, improves energy flow and relieves tension.

Deeply revitalising massage that uses full body techniques, applied with rhythmic grace using thumbs, palms and

## **SPORTS** 50 MIN 95€

Intense and deep, strengthens and tones the muscles in preparation for sporting activity or promotes relaxation after the activities.

Reduce anxiety, decrease symptoms of depression, relieve muscle aches and joint pains and improve cardiovascular

health. Reduces of swelling and improvements of nerve pain.

## Also available for 70 minutes (120€)

LOCALISED

Indicated for the treatment and relaxation of specific points of acute pain and muscle strains.

#### GOLF MASSAGE NEW

PREGNANCY MASSAGE NEW

A deep massage using golf balls with the deep kneading techniques in specific areas. Help in the removal of metabolic waste, reduce muscle spasms and improve range of motion and flexibility.

## HYDRO MASSAGE

#### OPEN DAILY FROM 9 AM TO 7 PM

SIMPLE 20 MIN 35€

Combines the effect of relaxing hydro massage with chromotherapy.

MER DU SUL 25 MIN 50€

Soothing and moisturising, ideal for skin exposed to the sun or scorched by cold.

## ENDERMOLOGIE

LUMICELL 60 MIN 90€

Reduces cellulite and enhances blood circulation with infra red and magenta rays - the Palper Rouler system.

Set of sessions: from 180€ (3 sessions)

## WAXING

Please see the specific brochure.

#### RESERVATIONS

We kindly request that you make your bookings 24 hours in advance

#### ARRIVAL AT THE SPA

Please arrive 10 to 15 minutes before the appointment.

#### CANCELATION POLICY

Cancellations or changes will be only accepted with a minimum of 4 hours advance to the booking. No shows or late cancellations will be charged.

#### **ETIQUETTE**

Please do not use your mobile phone in the spa, in respect for fellow guests.

#### TURKISH BATH AND SAUNA

Please pre-book with at least 45 minutes advance.





